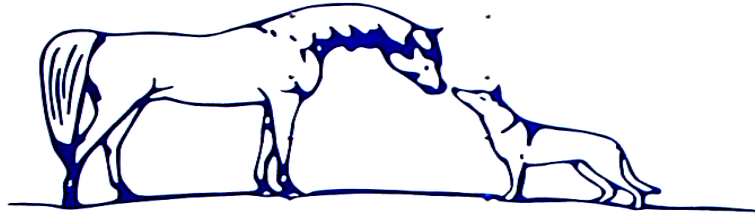


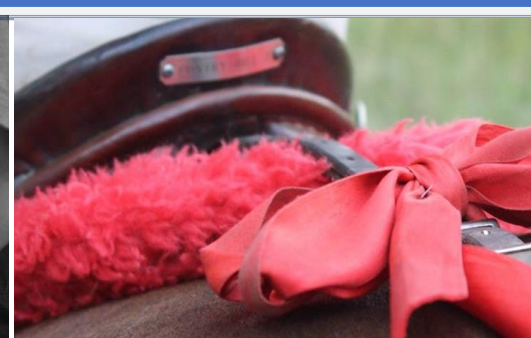
# Country Hill Farm



*Beginner through Advanced - English Riding - Summer Programs*



ADULTS - YOUTH - TEENS- EVENING- JUMPING - TRAIL RIDING - DRESSAGE - GAMES - GYMKHANA - DRILL - HORSECARE



# Contry Hill's 2024

## Summer Riding Camp



### About our Program



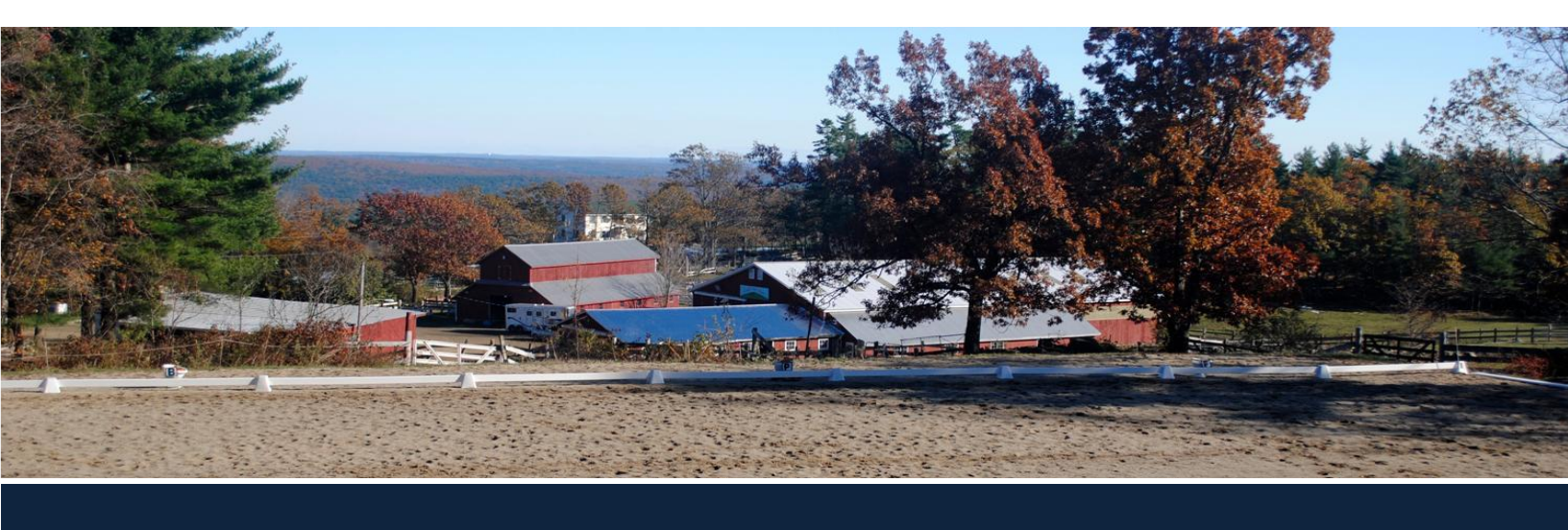
Contry Hill Farm offers full and half day co-ed English summer riding camps. At the farm, we teach children, ages 5 and up, of all riding levels. Summer camp participants will learn all aspects of horse care, including grooming & cleaning, feeding, and basic tack care. In daily riding lessons, students will be able to participate in trail rides, mounted games, bareback riding, and jumping at the instructor's discretion. At the end of the summer, all campers are welcome to participate in our **fun horse shows in the fall.**



Campers are welcome to bring their own horse or pony, or they are welcome to use one of the farm's. Those who bring their own horse or pony will receive a stall for the week and a small individual turn-out pasture. Campers bring their own hay and feed. Those who wish to ride a school horse are assessed either before camp or on the first day of camp. A school horse is assigned to each camper for the week. At Contry Hill Farm, we put an emphasis on safety and fun; having only qualified instructors. We offer a minimum 3:1 student to teacher ratio to ensure every child gets the most out of every lesson. Compared to other summer camp riding programs, campers get more one on one instruction, they spend every hour in the barn, and they spend most of their time at the farm riding. All staff members are experienced and trained.

Safety is essential, so Contry Hill Farm requires that campers dress accordingly. Required attire: Long pants or breeches for riding, a closed-toed flat-soled shoe with a heel of 1/2 to 1 1/2 inch; and an ASTM/SEI approved helmet. If you have any questions requiring correct attire, contact the farm.

Look for us on the web at [www.contryhillfarm.com](http://www.contryhillfarm.com)



## About our Farm



Contry Hill Farm is situated atop 30 acres in the highlands of Mason, NH. Being located on a hilltop, the location offers spectacular views year-round. We are a licensed LLC, fully insured lesson program that runs year-round.

The farm has been in operation for over 40 years. The farm is currently owned and operated by Emily Sumner and Derek Mathieu. Emily studied equine business management at Cazenovia College and worked at a small animal veterinary clinic for 8 years. Derek works full time as a mechanical engineer and maintains and upgrades the facility – including footing maintenance, outdoor lighting, and a new manure pit.

Since it was established in 1972, it has come to offer many amenities for their horses and riders. The farm's facilities include an **indoor arena**, a large sand **jump arena**, a large size **dressage arena**, and a NEW **200'X130' fenced sand arena!** They also have an enclosed round pen, cross country course and numerous well-maintained trails.



The farm offers their clients the option to board, train, take lessons, or enroll in their summer camps. Lessons at the farm are tailored to suit each individual rider, and the lesson program offers everyone the opportunity to attend numerous demonstrations, clinics, and schooling shows.

Contry Hill Farm offers summer 4-H riding programs, and we are a United States Pony Club Center. At Contry Hill, we promote teamwork and sportsmanship through riding, mounted sports, care of horses and ponies, while developing and enhancing leadership, confidence, responsibility, and a sense of community in its youth and adult members.





## Full Day of Camp:

**Days:** Monday through Friday from 10am – 5pm  
2 and 3-day camps run select days

**Cost: \$675 for 5-day camps**  
**\$300 for 2-day and 3 half day camps**

During a full day, campers receive two mounted lessons, a lunch break, and participate in an hourly fun demonstration or activity. Students tend to enjoy full days more because they spend additional time at the barn and longer hours in the saddle. Full day campers spend extra time caring for their horse or one of the farm's horses as if it were their own.

### Typical Full Day:

9:30 - 10:00	Camper Drop off
10:00 - 11:30	Groom and Tack horses up
11:30 - 12:30	Riding Lesson: (Riders are placed in groups of 3-4 riders according to experience)
12:30 - 1:00	Cool out horses and Un-tack
1:00 - 1:30	Lunch and down time
1:30 - 2:30	Activity or demonstration
2:30 - 3:00	Groom and Tack horses up
3:00 - 4:00	Afternoon Riding lesson
4:00 - 4:30	Cool out horses and Un-tack
4:30 - 5:00	Feed Horses and Turn-out
5:00 - 5:30	Campers Depart

## Half Day of Camp:

**Days:** Monday through Friday from 10am – 1 or 2:00pm  
**Cost: \$375**

During a 1/2 day, campers receive 1 mounted lesson and a short fun demonstration or activity. Half days may be best suited for younger students that are not accustomed to long hours in the saddle, or those looking for an affordable summer riding camp.

### Typical AM Half Day:

9:30 - 10:00	Camper Drop off
10:00 - 11:30	Groom and Tack horses up
11:30 - 12:30	Riding Lesson: (Riders are placed in a group of 3-4 riders according to experience)
12:30 - 1:00	Cool out horses and Un-tack
1:00 - 1:30	Lunch and down time
1:30 - 2:00	Activity or demonstration
2:00-2:30	Campers Depart

*Earlier drop off or later pick up can always be requested for no additional fee*





*Riding Activities*  
English/balance seat - riding  
Trail riding  
Bareback Riding  
Mounted Games  
End of the Summer - Horse Show  
Stadium Jumping  
Cross Country - Jumping



*Demonstrations*  
Complete Horse Care  
Complete Stable Care  
Paddock Management  
Rider Safety  
Horse First Aid  
Feeding and Nutrition  
Lungeing  
Hoof Care  
Horse Terminology  
Horse Breeds  
Riding Disciplines  
Braiding  
Bathing  
Trailerling  
Showing Preparation  
Dressage  
Jumping  
Wrapping  
Tack Fitting  
Tack Care  
Guest Speakers



*Non-Riding Activities*  
Arts and Crafts  
Games  
Field Trips  
Stories  
Water Balloons



# July Sessions Offered & Descriptions

**3 DAY Session 1: July 1<sup>st</sup>-3<sup>rd</sup>** (half day) **10:00AM-1:00PM** Beginner+

**Ages 5-8 Tiny Tots NEW!**

This week is designed to introduce younger riders to horses and riding. Shorter half 3-day camp!

*First time riders and youngsters* will learn basic safety around horses, and they will learn how to properly groom their horse and tack-up. Beginning riders will stay on the lead line with an assistant. All lesson plans are designed for the younger riders this week! Beginning students learn how to lead their horse, and how to mount or dismount. Riding may take place in the ring or a leisurely walk on the roads or trail. Parents are welcome to stay and watch throughout the day. *Beginners who have ridden before* will work on continuing their skills in the walk and the trot and may be off the lead.

**Session 2: July 8<sup>th</sup>-12<sup>th</sup>** (Full or 1/2 day) **10:00AM-5:00PM** Beginner+

**Ages 5+ BEGINNER & LEADLINE**

***Intro to Horsemanship Week.*** This week is designed to provide the most one on one attention for our beginners and young campers. Students above beginner level are placed in a more advanced riding lesson group that is tailored to their riding ability.

*First time riders and youngsters* will learn basic safety around horses, and they will learn how to properly groom their horse and tack-up. Beginning students will also learn how to lead their horse, and how to mount or dismount. Riding may take place in the ring or on the trail. Parents are welcome to stay and watch throughout the day. *Beginners who have ridden before* will work on continuing their skills in the walk and the trot. They may spend their riding time in the ring or on the trail. Emphasis will be placed on developing safe skills riding and working with horses. This week will include mounted games and beginning trail riding.

**Session 3: July 22<sup>nd</sup>-26<sup>th</sup>** (Full Day) **10:00AM-5:00PM** Novice+ **Ages 7 +ADVANCED GAMES and Drill team WEEK**

This week will be about campers learning control, accuracy, harmony, and team work with their horse. All riders in this week should be capable of cantering – for more challenging fun games! Great emphasis will be placed improving riding skills while having fun. Each rider will receive a short-structured lesson before each mounted game. Students will work on improving their riding skills through various mounted games. Games may include: barrel racing, ribbon races, weaving, obstacle courses, musical games, drills, scavenger hunts, speed games, and more. Afternoons will be spent working on drill team patterns!

**Session 4: July 29<sup>th</sup>-August 2<sup>nd</sup>** (Full day) **10:00AM-5:00PM** Novice+

**Ages 10 +JUMP & EVENTING WEEK**

During this week, students receive instruction in dressage, trail, and stadium jumping. Emphasis will be placed on position, correct technique, and jump safety. Those new to jumping will begin over ground poles. The focus will be on developing a balanced seat while jumping. Students will also learn the proper terminology associated with jumping. Students may be asked to work without stirrups or reins over fences or on the flat. *More advanced students* will be challenged with lateral exercises and jump courses. Jumping may take place in the ring, on the trail, or over our wide array of different cross-country fences. This is an excellent week for event riders to school over a variety of different fences. Trail and cross-country lessons will include knowledge on properly conditioning your horse. Riders wishing to ride cross country should have an approved safety jumping vest. ***Those attending this session should be capable of controlling their horse in the walk and trot and should be comfortable cantering.***

# August Sessions Offered & Descriptions

**2 DAY Session 5: August 5<sup>th</sup>-6<sup>th</sup>** (Full Day) **10:00AM-5:00PM** Novice+

**Ages 10 + DRESSAGE WEEK**

This is an intensive three-day dressage camp that will focus on a rider's effective communication and training of the horse. During this week, students learn about the basics and importance of dressage in their everyday riding. They will learn about correct bending and lateral work through demonstration and mounted instruction. Riders will receive tips on improving one's test scores. Riders will work on improving their position under saddle on the lunge line. In years past, riders took a field trip to see upper-level riders demonstrate movements and discuss training. This is a great camp for advanced young riders, teens or adults.

**Session 6: August 12<sup>th</sup> -16<sup>th</sup>** (Full or 1/2 day) **10:00AM-5:00PM** Beginner+

**Ages 7 + GAMES WEEK**

This week will be about campers learning control, accuracy, harmony and team work with their horse. Great emphasis will be placed on improving riding skills while having fun. Each rider will receive a short-structured lesson before each mounted game. Students will work on improving their riding skills through various mounted games. Games may include: barrel racing, ribbon races, weaving, obstacle courses, musical games, drills, scavenger hunts, speed games, and more. Fun for riders of all levels! Half or Full Day options available.

**Session 7: August 19<sup>th</sup> -23<sup>rd</sup>** (Full day) **10:00-5:00PM** Novice+

**Ages 7 + TRAIL WEEK**

Campers will spend the majority of their time on the trails surrounding the farm. They will ride once in the ring and a second time on the trail (weather permitting). Students will learn trail safety and trail etiquette. Students will be broken into two riding groups; novices and more advanced students.

Emphasis will be placed on basic safety around horses. This week is for novice through advanced riders. Campers should feel comfortable receiving less assistance and they will walk and trot on the trail. Advanced riders will be permitted to canter in control on the trail. All riders will be expected to groom, tack up and will continue to learn basic horse care during this week.

***All students enrolled in this week must be comfortable and in control off the lead line on the trail. Riders should be beginning the canter in the arena. Lead line trails offered in other beginner weeks (session 1 and 2)!***



## September Sessions Offered & Descriptions

**2 DAY Session 8: September 1<sup>th</sup>-2<sup>nd</sup>** (Full Day) **10:00AM-5:00PM** *Beginner+*

**Ages 18 +ADULT CAMP**

Adults can come to camp too! This camp is over Labor Day weekend to allow adults that work the opportunity to participate in a few days of camp fun. This camp is a fun two days packed with activities under saddle and on the ground. This week is great for the adult rider that just wants to have fun and expand their horsemanship knowledge. The instructors work one-on-one with each student to help each rider set their own goals and improve.

Participants in the past formed a drill team, rode bareback, did ground work with their horse, learned basic vet care and first aid, went on a leisure trail ride, did a lesson on the lunge to improve their position and balance, and participated in mounted games. Riders are welcome to bring their own horse or use a farm horse. There is no additional fee for stabling. Riders are welcome to bring a pot luck lunch!

**Save the date! Fun fall horse shows** are on **Sunday, September 29<sup>th</sup>, October 27<sup>th</sup> and November 2<sup>nd</sup>, 2024!** All campers and outside farms are welcome to join in the fun! "Show off" your skills you learned at camp and compete against other riders. Classes for all level riders! Ask us for a class list to participate and enter!

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### **COVID-19 PROTOCOL for 2024**

The farm follows all recommended NH state guidelines for equestrian facilities. Any campers having COVID symptoms, should stay home (fever or flu like symptoms)

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Learn New Outdoor Skills...



Improve Your Riding & Horse Care...



Make Lasting Memories with Friends and Animals...



## **Additional Information**

**Beginner:** Is new to horses. A beginner rider may be able to walk and trot with assistance. Typically, a beginner has been riding for less than 1 year.

**Beginner Novice:** Is able to tack up a horse with some help. They are capable of walking and trotting off the lead with little aid from the instructor. Typically, they have been riding for over a year.

**Novice:** Is able to tack up a horse independently. A novice rider is one who knows their posting diagonals and has begun working on cantering. A novice rider may be starting over ground rails or cross rails.

**Intermediate:** Is a rider that can walk, trot, and canter independently and confidently. They have a solid and secure position and are beginning to develop more feel for their horse's way of going. An Intermediate rider knows their diagonals, canter leads, and has begun to jump small fences no higher than 2'3". They feel comfortable on the trail at the walk trot or canter.

**Advanced:** Is a rider that can train and influence a horse's way of going. This rider knows their diagonals and leads. Rider can perform lateral exercises as well as simple changes of leads. They are secure and balanced in their position. They are comfortable jumping fences over 2'3" high. They feel comfortable on the trail at the walk trot or canter.

**A pre-camp evaluation, or instructor letter of recommendation, is highly recommended for all new campers or students wishing to enroll in (Advanced Trail), (eventing) or (dressage).** Send a short video of a riding lesson demonstrating rider's skills and ability.

### ***Unsure of your child's riding level?***

If you have any questions regarding riding level, attire, curriculum, etc., feel free to contact us. Contact Emily Sumner, our camp director with your questions at: Contry Hill Farm Summer Riding Camp, (978) 855-2693 or email [info@contryhillfarm.com](mailto:info@contryhillfarm.com).

**TOUR OF THE FACILITY – Contry Hill Farm is a year-round lesson facility. Prospective campers can arrange a tour, and meet our instructors at any time. Please email or call to schedule.**



Year-round lesson students and staff participating in a fun ride at Hampton Beach!



## Councilor in Training (CIT) Program

Contry Hill Farm is offering a councilor in training program for riders ages 13+. This program will consist of a two week program. During the first week, CITs will participate in a week long training and riding program. Staff members will learn how to assist with horses and will learn how to keep children safe while working around horses.

CITs will be assigned a second week to apply their teaching skills that they learned during training. CITs that demonstrate a high level of leadership skills will be asked to independently teach non-mounted activities, such as crafts, games or demonstrations. All CIT's will assist in handling horses, allowing them to frequently watch and hear the lesson plan for a beginner rider. CIT's that are advanced riders, may occasionally be allowed to school horses, or go for a ride on the farm property, after camp

**CITs should fill out an application form. There are a limited number of positions. Applicants will be chosen based on past experience. Space is limited, so apply early.**



## Working Student Program

Contry Hill Farm offers a working student program for riders ages 13+. This program is available for those enrolled in the CIT program. Working students may assist an instructor with summer camp, during additional weeks, in exchange for a daily ride time or a weekly lesson. Working students may not get to ride the days that they work, depending on horse use. Ride time can always be saved and used at a later date. **To enroll, please indicate on CIT application.**



## Employment Opportunities

Contry Hill Farm has a few positions open for qualified Clinicians and beginner/junior instructors to teach at summer camp. The farm periodically is looking to fill horse care positions throughout the year as well. Pay is determined based on experience. To apply, please send a resume. Minimum 1 year teaching experience. Certification a plus.

# Contacts and Staff



## Contry Hill Farm

### Summer Riding Camp

271 Reed Road

Mason, NH 03048

(603) 878-0466

[www.contryhillfarm.com](http://www.contryhillfarm.com)

Owner, Camp Director and Instructor: Emily Sumner

(978) 855-2693

[ejsumner@gmail.com](mailto:ejsumner@gmail.com)

- Dressage - Jumping - Eventing - Trail Riding - B.S. Equine Business Management Cazenovia College - American Riding Instructor Level 2 certified

Instructors: Hilary Millett - 4H Instructor - Dressage - MA certified instructor Hailey Burke - Eventing - Hunter seat Victoria Wiggins - Dressage - stable management - MA certified Instructor

### Current and Past Staff

#### Helpers/Assistants

Tracey Wood  
 Anna Young  
 Lauren DiCesare  
 Molly Richards  
 Gianna Calabro  
 Katrina Whittmore  
 Perry Whittmore  
 Evelyn Jones  
 Lyla Himmer  
 Keira Ulrich  
 Kayson Jacques  
 Summer Goyette  
 Mia Earnshaw



Tracey



Hailey



Victoria



Kayson

Gianna



Evelyn



Lauren



Mia